

## CLAIMS

1. A microwave cooking device for crisping food product, comprising:
  - an internal crisping container including an outer surface and an inner
  - 5 surface defining a volume therein, wherein a susceptor is incorporated in the volume defined by the internal crisping container, wherein the internal crisping container is constructed and arranged to enable moisture to escape the internal crisping container during microwave cooking; and
  - an outer packaging for holding the internal crisping container, the outer
  - 10 packaging defining at least one aperture constructed and arranged to enable moisture to escape the outer packaging during microwave cooking.
2. The device of claim 1, wherein the aperture is formed prior to microwaving the food product using at least one aperture-forming strip.
- 15 3. The device of claim 1, wherein the inner surface is coated with a susceptor film.
4. The device of claim 1, wherein one discrete piece of susceptor film is incorporated within the volume.
- 20 5. The device of claim 1, wherein the outer and inner surfaces of the internal crisping container define at least one aperture.
6. The device of claim 5, wherein the at least one aperture defined in the internal
- 25 crisping container has a diameter smaller than portions of the food product contained inside the internal crisping container.
7. The device of claim 1, wherein the internal crisping container further defines an
- 30 opening for transferring the food product to and from the internal crisping container.

8. The device of claim 7, wherein the opening is sealed using a heat seal.
9. The device of claim 1, wherein the internal crisping container is a cooking bag.
- 5 10. The device of claim 9, wherein the cooking bag is heat sealed.
11. The device of claim 10, wherein the cooking bag is compatible with a vertical fill automated machine.
- 10 12. A method for crisping food during microwaving including:  
providing a microwave cooking device including a internal crisping  
container and an outer packaging, the internal crisping container incorporating a  
susceptor, wherein the internal crisping container is constructed and arranged to  
enable moisture to escape from the food contained therein, wherein the outer  
15 packaging includes at least one aperture-forming strip;  
peeling the at least one aperture forming strip to define an aperture for  
assisting moisture in escaping the microwave cooking device;  
placing the microwave cooking device in a microwave; and  
microwaving the food.